



California Budget  
& Policy Center  
*Independent Analysis. Shared Prosperity.*

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# Housing, Health, and Opportunity

## How Housing and Housing Policies Affect Life Outcomes

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POLICY INSIGHTS CONFERENCE

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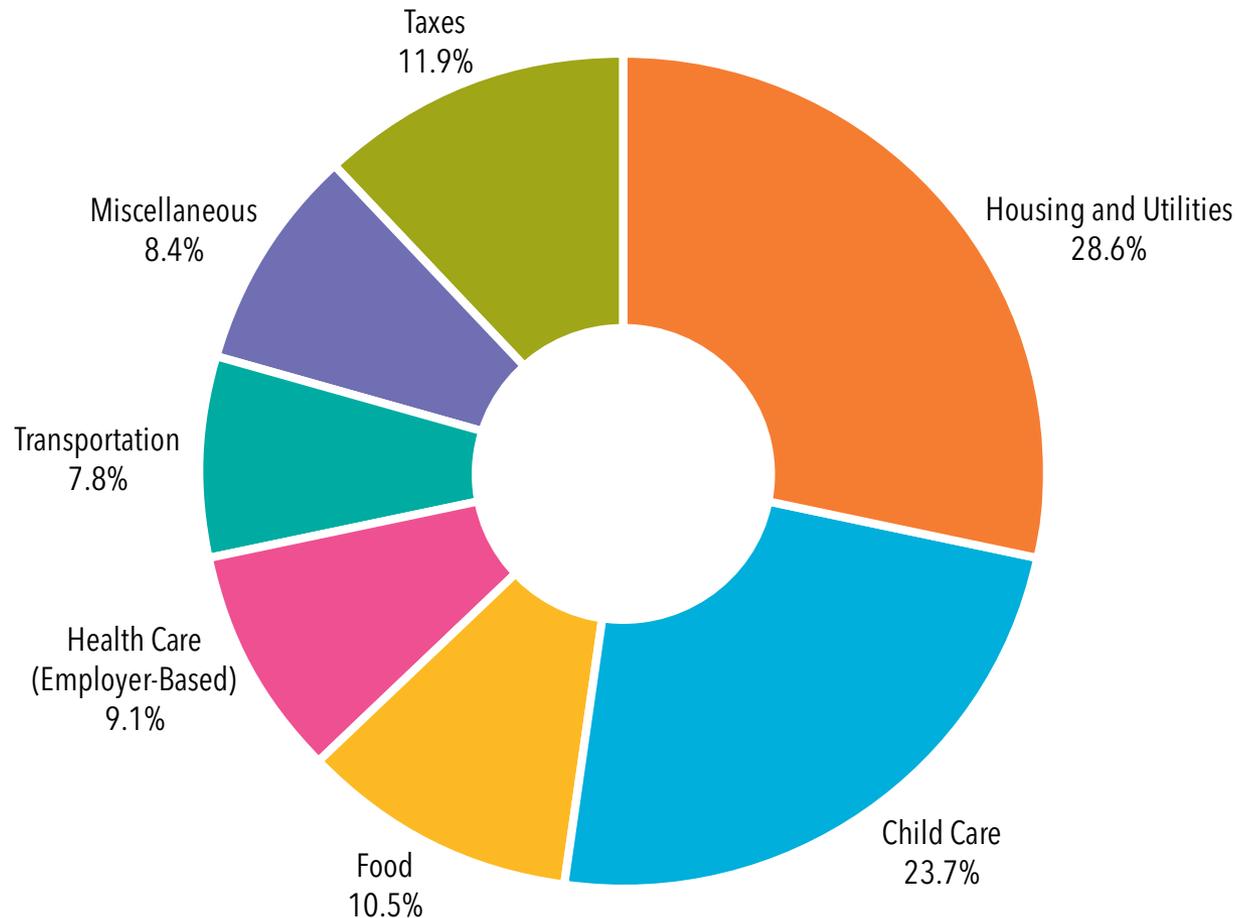
# Housing Is the Largest Basic Expense for Most Households

High housing costs are a key driver of California's high poverty rate.



# More Than a Quarter of the Average Single-Parent Family Budget in California Pays for Housing

Statewide Average Annual Basic Family Budget for a Single-Parent Family = \$65,865

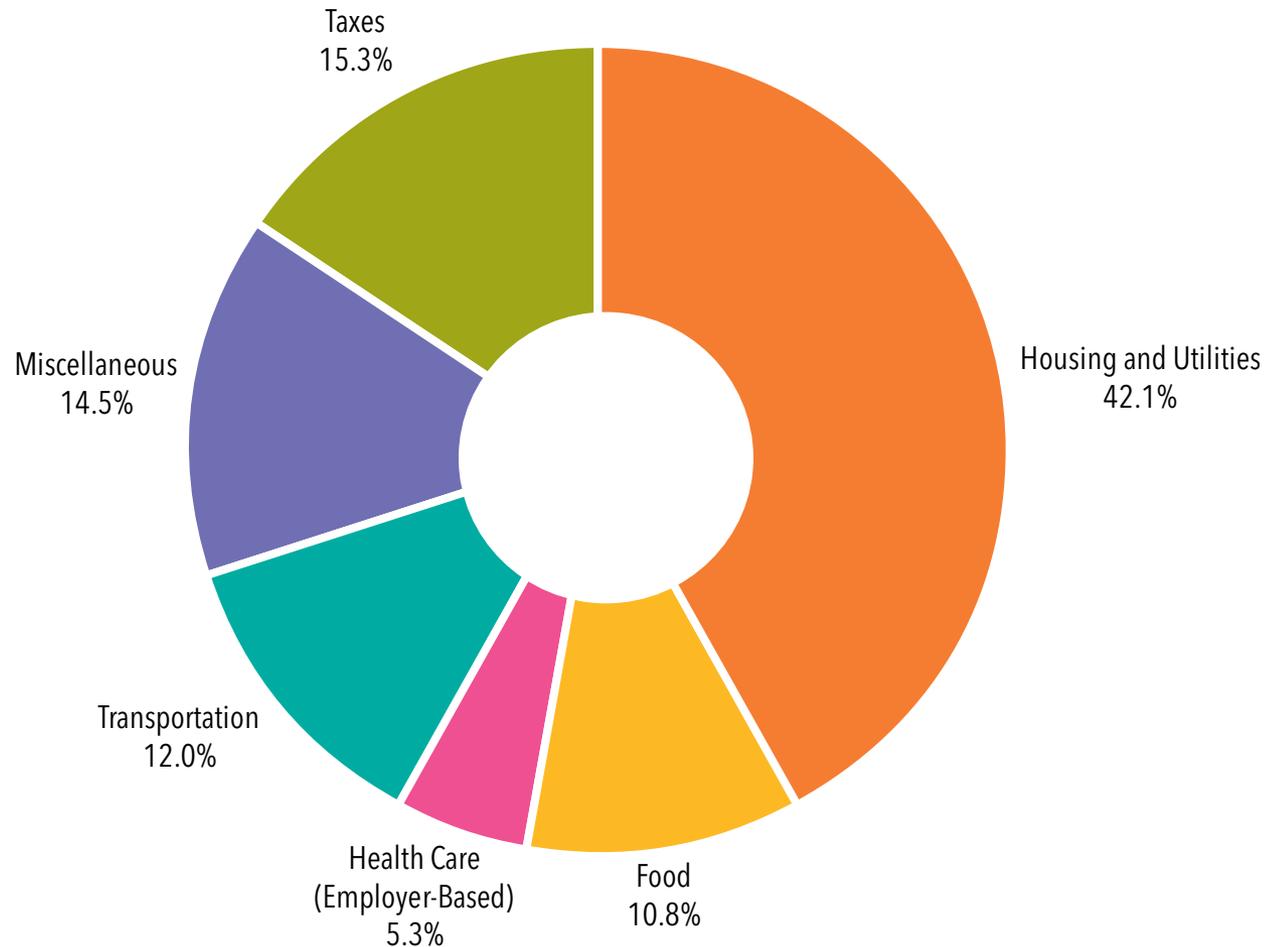


Note: Statewide average family budget calculated by averaging all county family budgets, weighted by county population.  
Source: Budget Center *Making Ends Meet* 2017 analysis



# On Average, Housing Costs Make Up More Than \$4 in \$10 of a Single-Adult Budget in California

Statewide Average Annual Basic Family Budget for a Single Adult = \$29,824



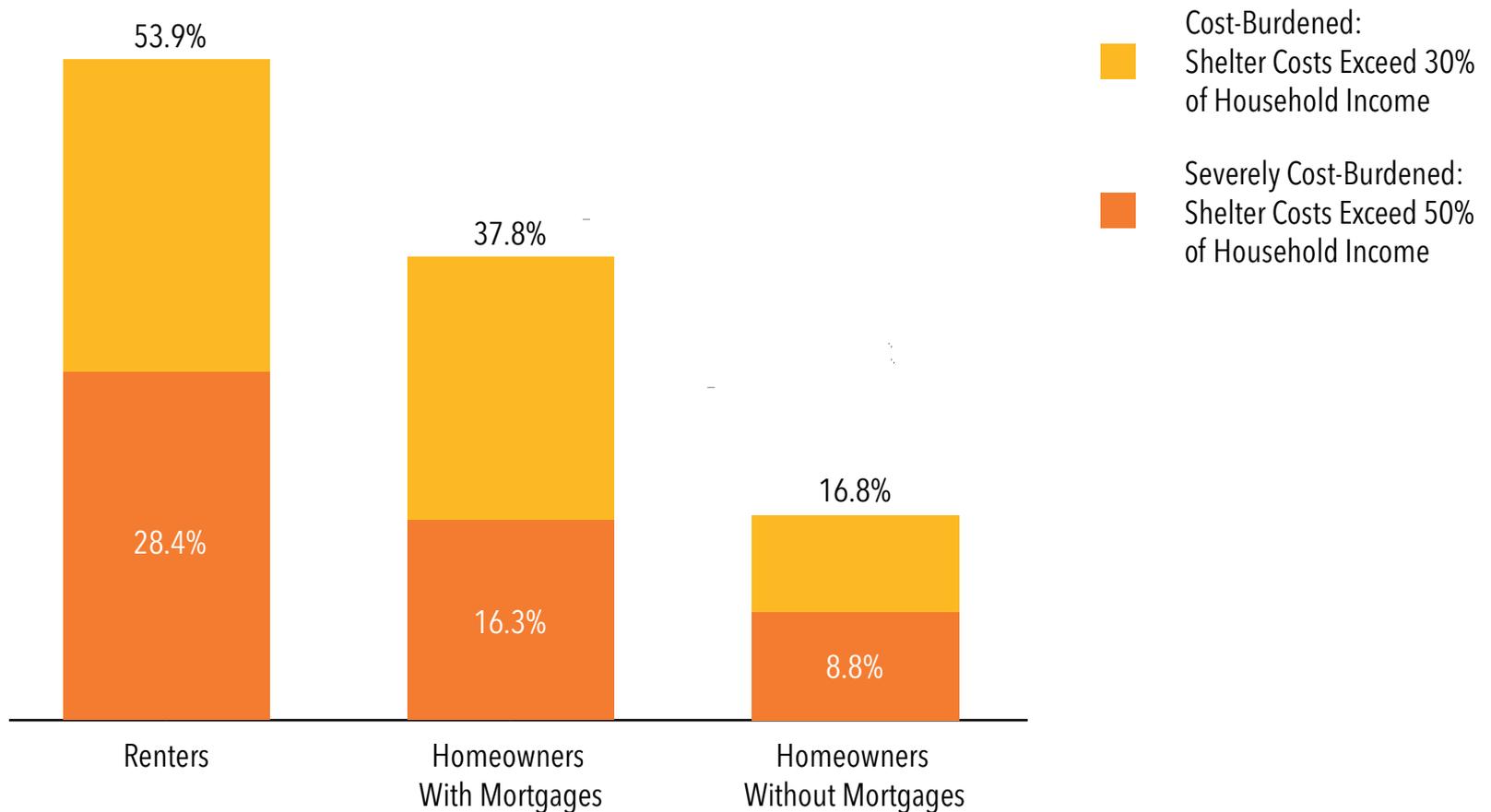
Note: Statewide average family budget calculated by averaging all county family budgets, weighted by county population.

Source: Budget Center *Making Ends Meet* 2017 analysis



# More Than Half of California's Renters and Over a Third of Homeowners With Mortgages Have High Housing Costs

## Percentage of Households With Housing Cost Burden or Severe Housing Cost Burden, 2017

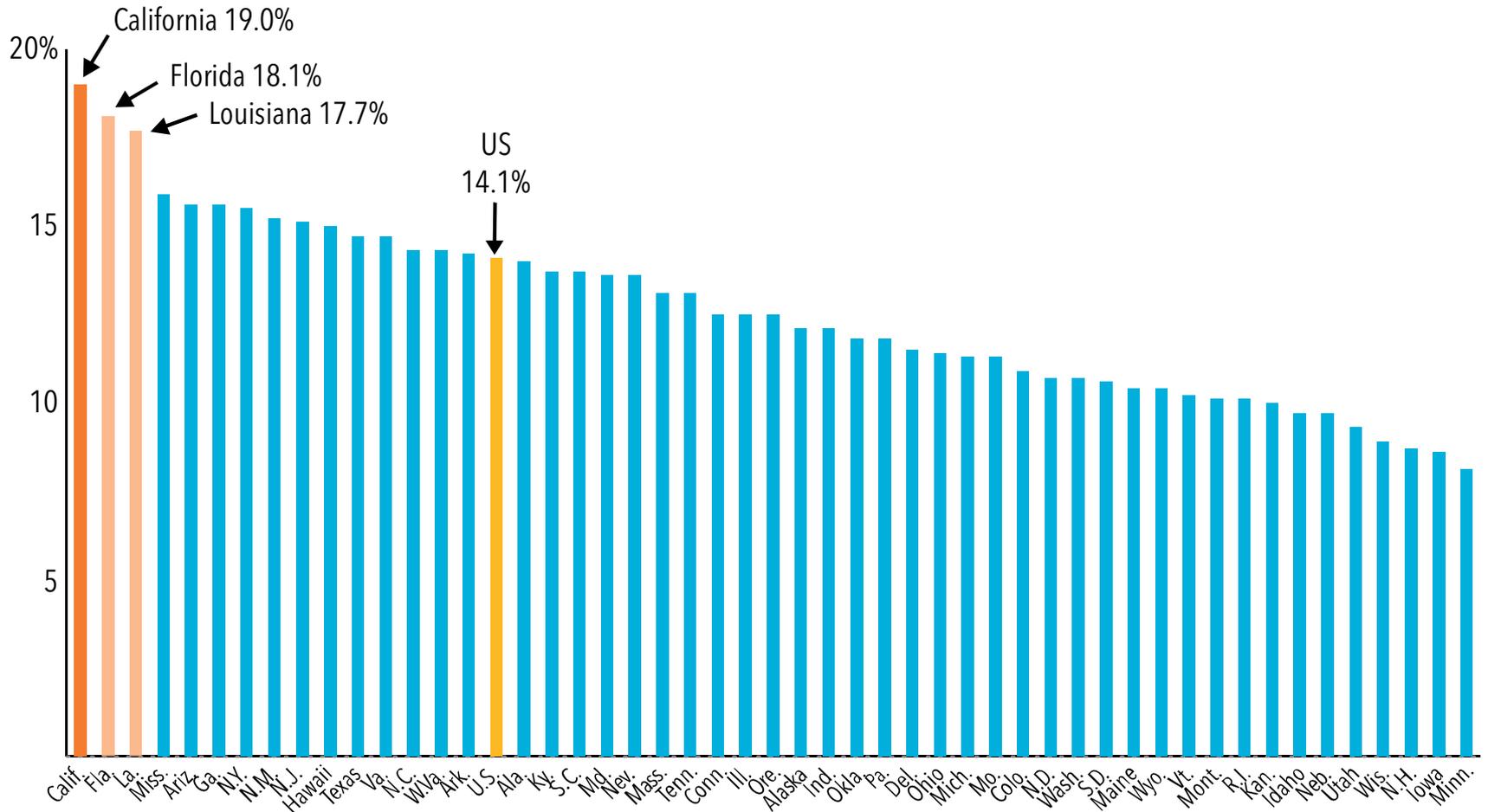


Note: Definitions of housing cost burden are from the US Department of Housing and Urban Development.  
Source: Budget Center analysis of US Census Bureau, American Community Survey data



# California Has One of the Highest Poverty Rates of the 50 States When Accounting for the Cost of Housing

## State Poverty Rate Under the Supplemental Poverty Measure, 2015-2017



Note: Poverty rates for California, Florida, and Louisiana are not statistically different.

Source: US Census Bureau, Current Population Survey



# Housing Also Matters Beyond Its Role as a Household Expense

Housing quality, stability, and location can all significantly influence an individual's health, well-being, and educational and economic opportunities.



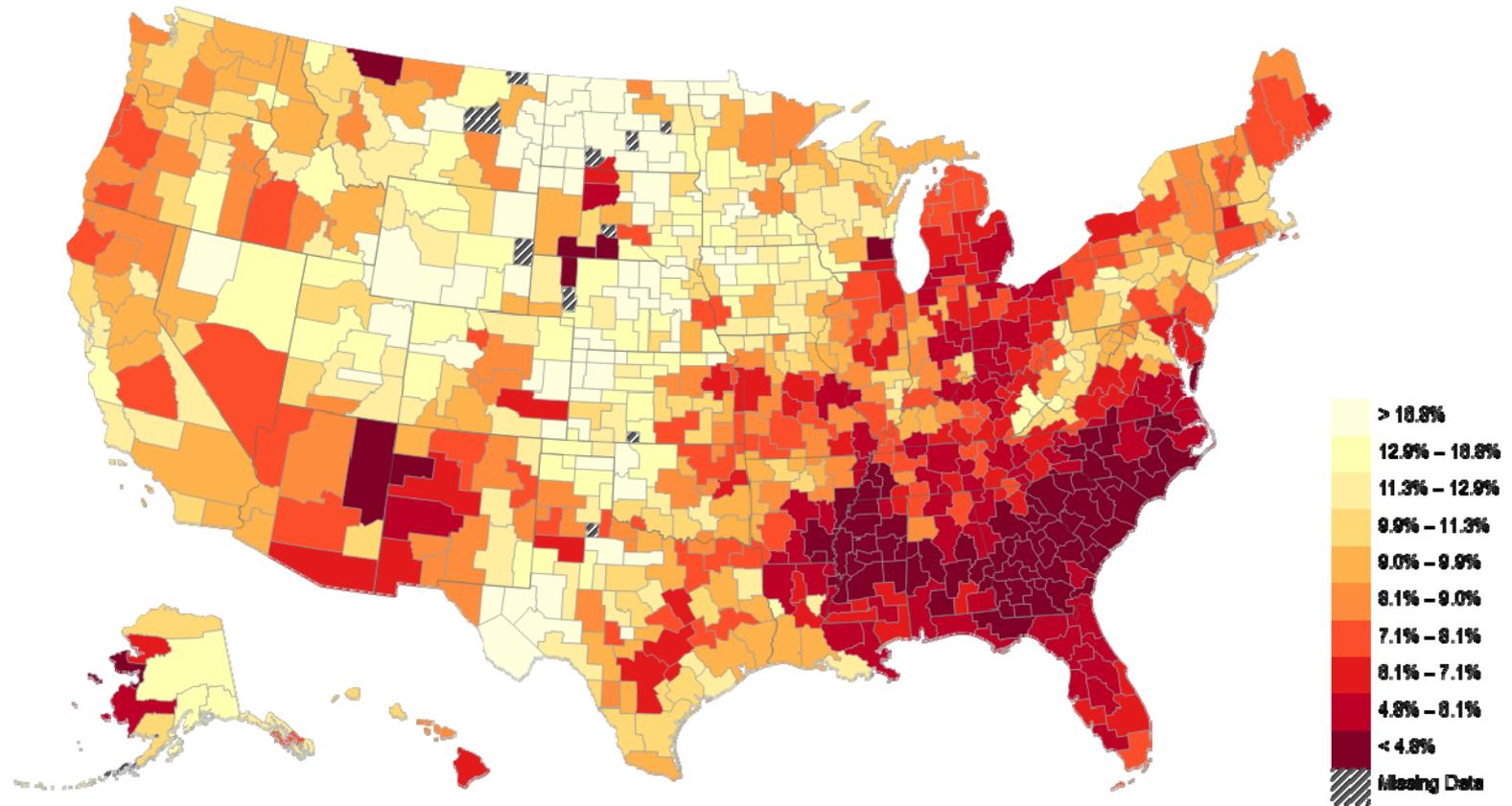


Source: US Department of Health and Human Services, Healthy People 2020



# Where You Grow Up Affects Your Economic Opportunity

Children's Chances of Reaching Top 20% of Income Distribution Given Parents in Bottom 20%



Source: Equality of Opportunity Project



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