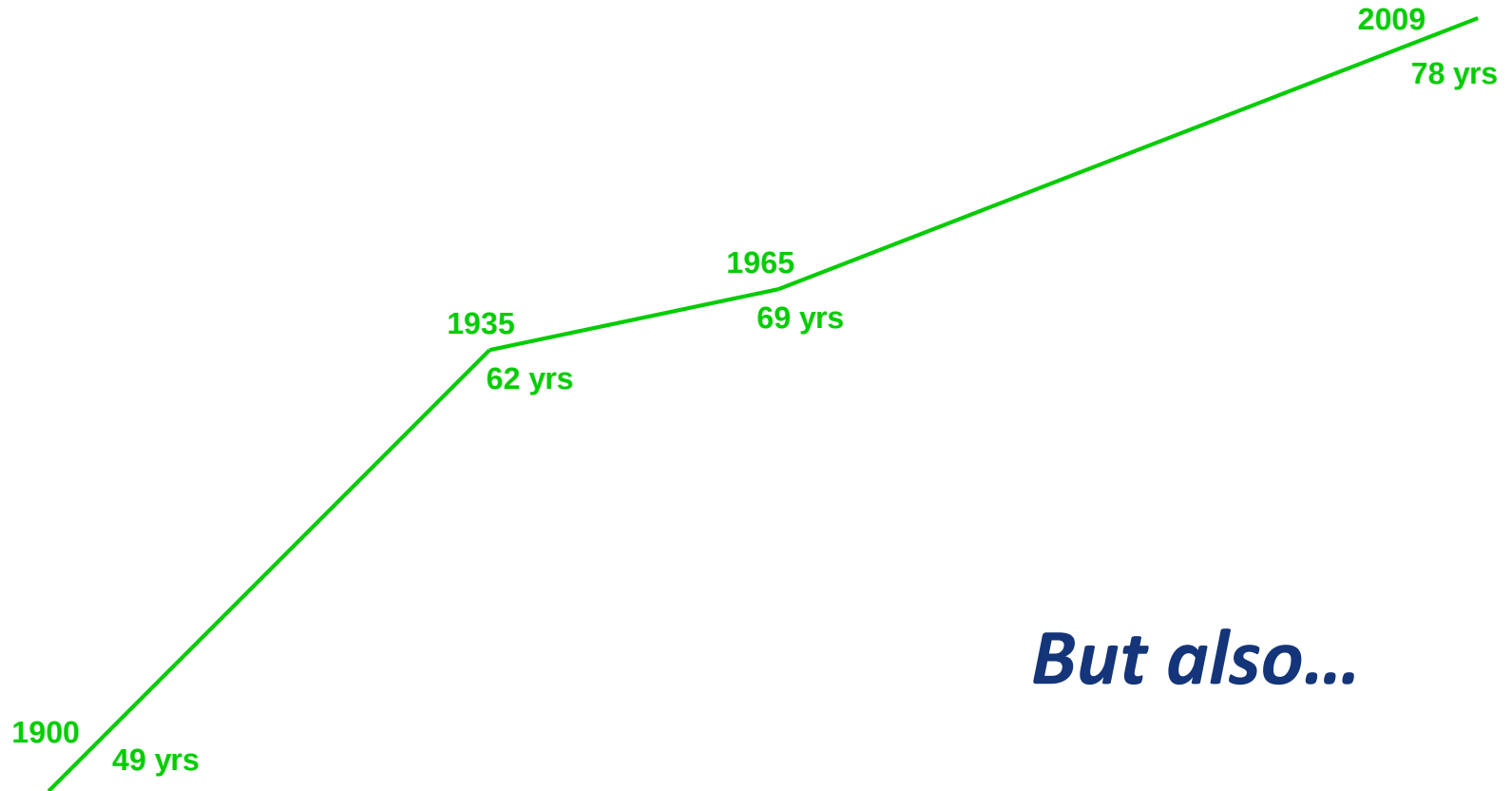


California's Long-Term Services & Supports System & the Federal Policy Context

Sarah Steenhausen
Senior Policy Advisor

Americans Are Living Longer...

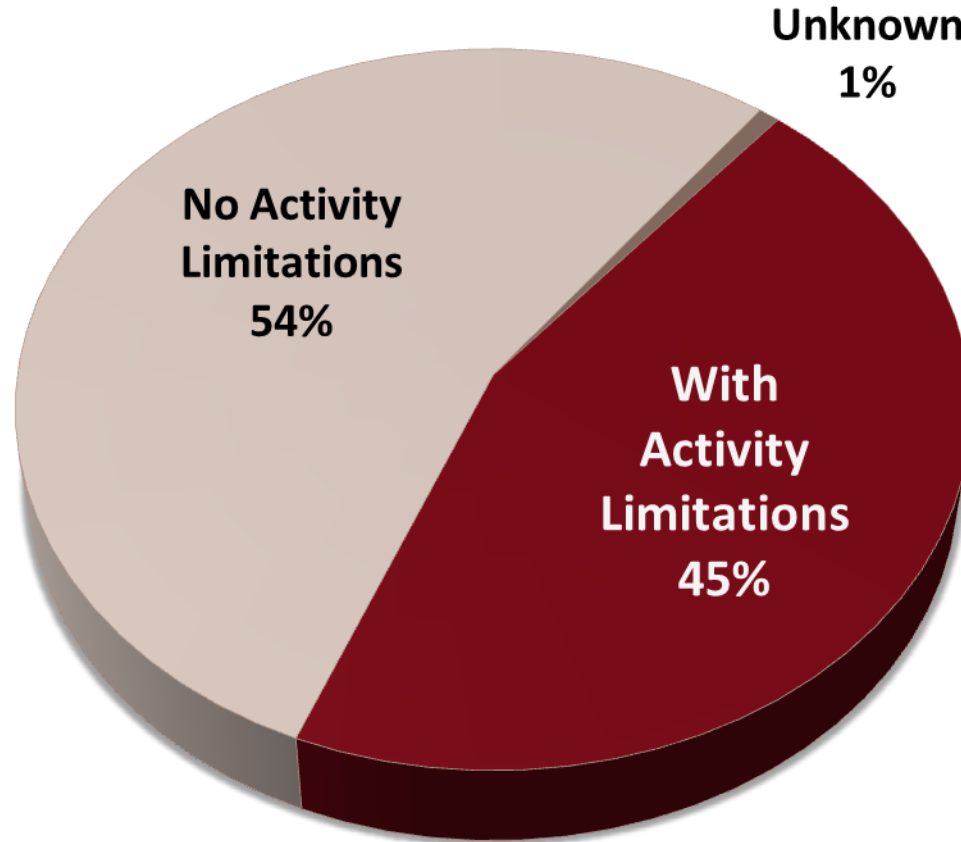


But also...

http://www.cdc.gov/nchs/data/nvsr/nvsr62/nvsr62_06.pdf

*Adapted from National Center for Health Statistics-National Vital Statistics Service Reports 2010

And Live With Chronic Conditions & Disability



Source: Multiple Chronic Conditions Chartbook: 2010 MEPS Data

When Chronic Conditions & Disability Collide



What Are Long-Term Services and Supports?

Non-medical
functional support

Help with Activities
of Daily Living (ADL)
(e.g., bathing, dressing,
eating, walking)

Received in a
home or
institutional setting

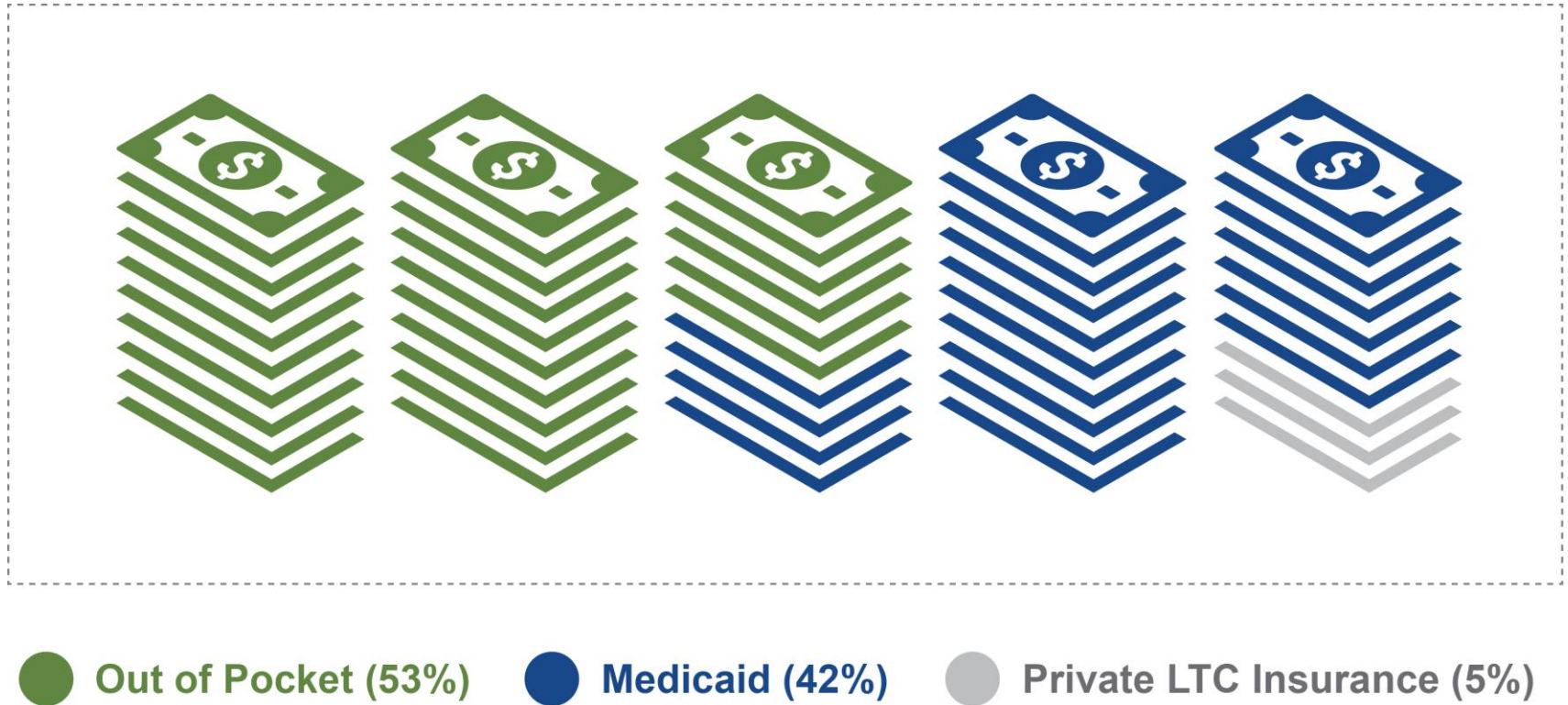
Provided by paid
&/or unpaid
caregivers

Function Matters!

- **Relationship between daily functioning & health**
- **Services & supports are critical to meeting functional needs**



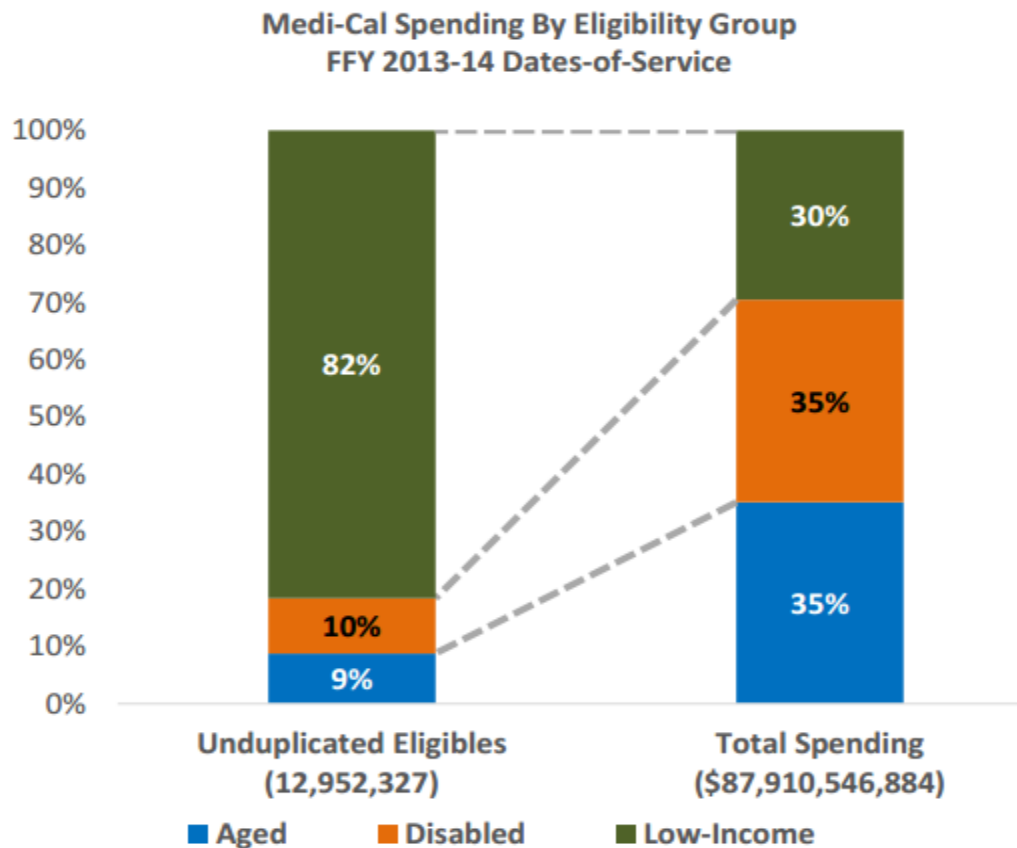
LTSS Mostly Covered Through Out of Pocket & Medicaid Spending



Favreault & Johnson (2015), Table 15

California's Medi-Cal Populations & Costs

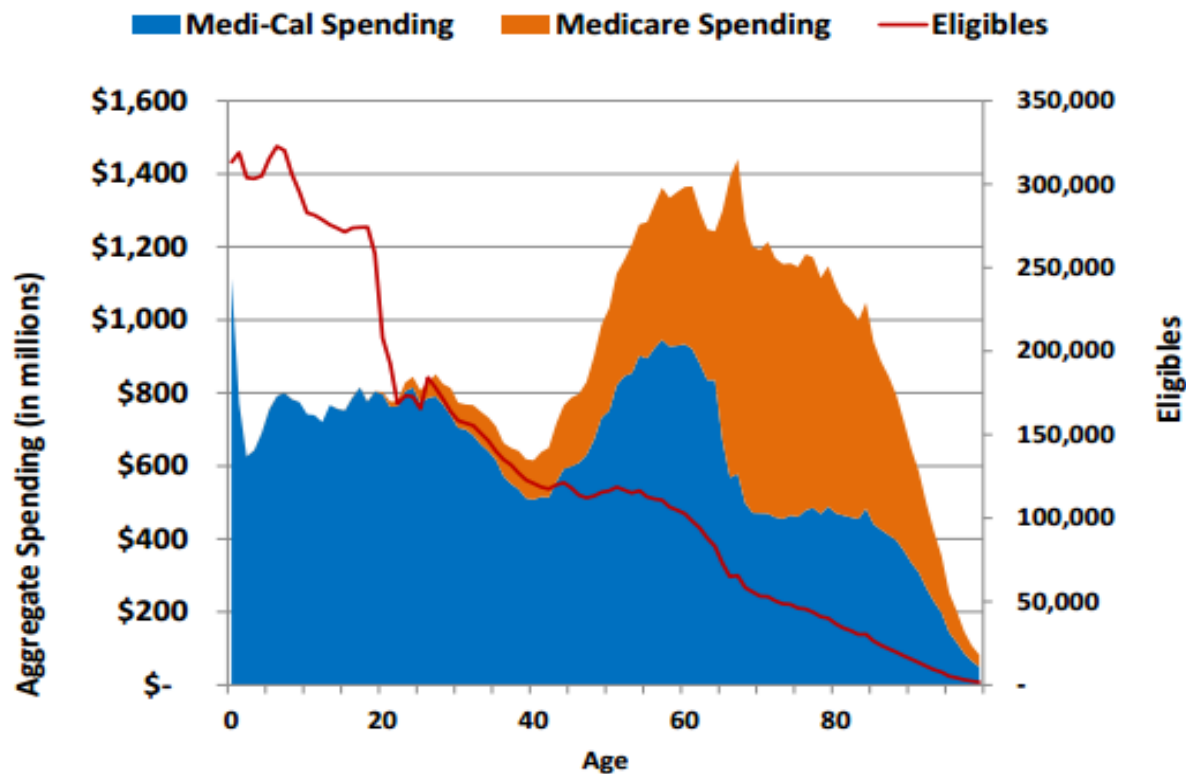
Aged, Disabled Eligibility Groups Generate Disproportionate Spending



Source: Medi-Cal and Medicare Eligibility data

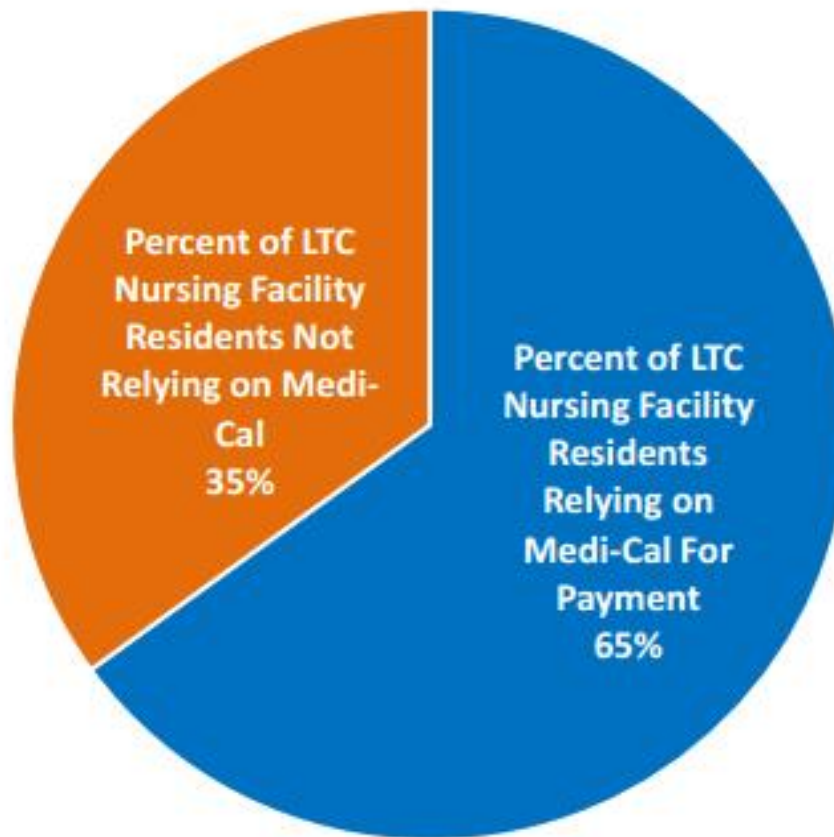
Shifting Costs: Medi-Cal vs. Medicare

Age and Health Care Spending – Aggregate Medi-Cal and Medicare Expenditures (FFY 2013-14)



Source: DHCS
Research &
Analytic Studies

Most Nursing Home Residents Rely on Medi-Cal



Source: California Association of Health Facilities <http://www.cahf.org/AboutCAHF/ConsumerHelp/GuidetoLongTermCare.aspx>

ACA Provisions Connected to LTSS

- **Medicaid home & community-based services**
- **Coordination in Medicare & Medicaid**
- **Workforce investment**



LTSS System Change in California

Developing Integrated Systems of Care

- Coordinated Care Initiative
- Medi-Cal 2020
- Health Homes

Themes

- Care coordination is key
- Importance of social determinants of health

Potential Federal Action

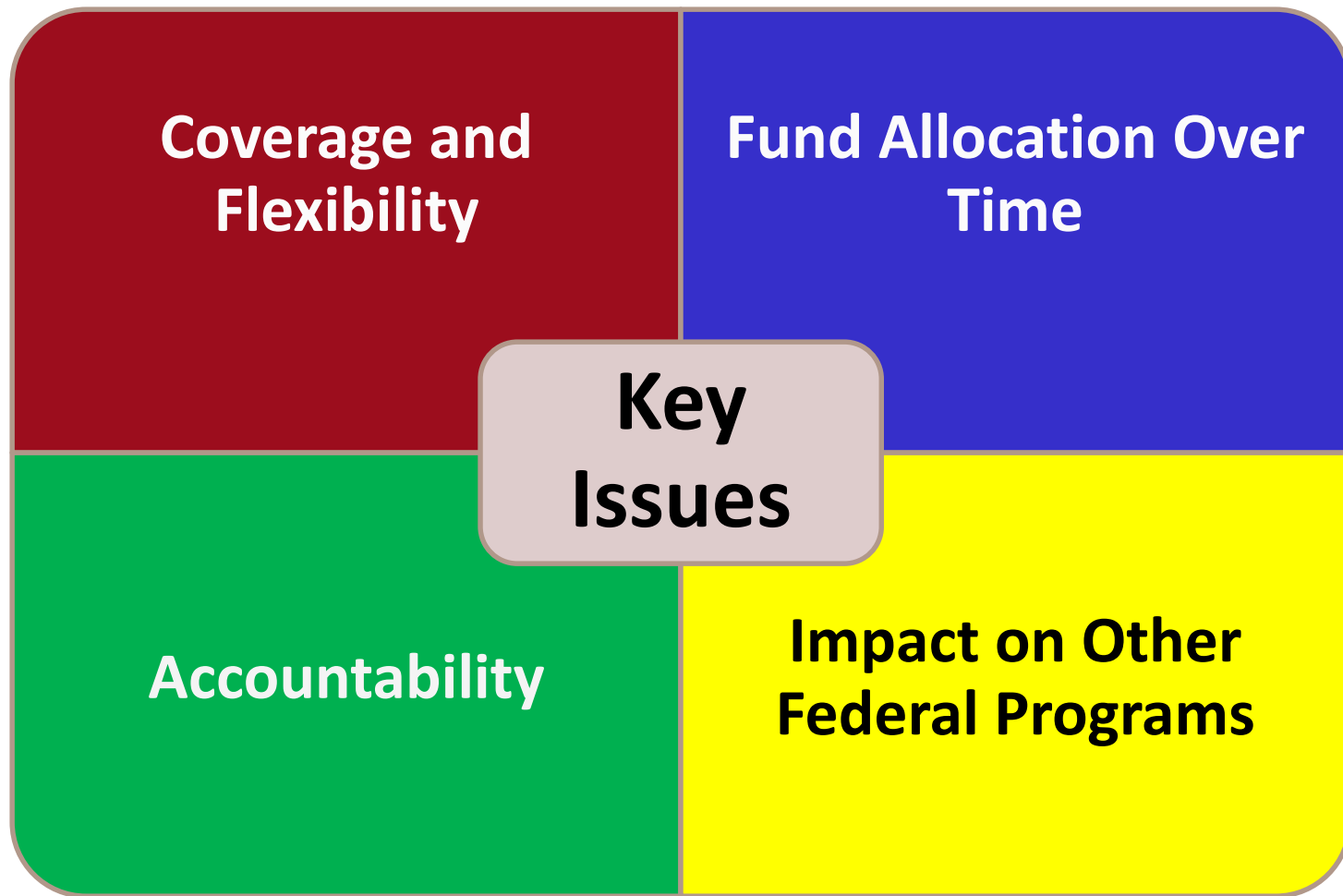
Affordable Care Act repeal/replace?

Medicaid financing changes?

- **Block Grant (fixed \$\$ per state)**
- **Per Capita Cap (fixed \$\$ per beneficiary in a state)**



Per Capita Cap & Block Grant Policy Considerations



Source: GAO (2016). Medicaid: Key Policy and Data Considerations for Designing a Per Capita Cap on Federal Funding

California's Unresolved LTSS System

- **State & system planning**
- **Infrastructure & capacity**
- **Workforce shortages**
- **Lack of LTC financing system**
- **Need more legislative & state champions**



Our Vision:

A society where older adults can access health and supportive services of their choosing to meet their needs.

Our Mission:

To advance a coordinated and easily navigated system of high-quality services for older adults that preserve dignity and independence.

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